

Presentation: “You Can’t Fight The Frontal Lobe!

What ALL Adult Brains Should Know About All Children Brains ...

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Anticipation:

- natural need to know
- it’s all in the timing
- about to happen, happening, almost over, over

Expectations:

- 3 directives
- “by” to clarify and targeting behaviors
- land on what you want

Individual Brain:

- myelination ... white matter matters!
- amygdala .. “screaming” almonds
- frontal lobe ... long term consequential response

Ownership and Accountability:

- opportunities ~vs~ rewards
- describe behavior ... tells me that ... describe consequence (+ or -)
- “then show me by ...”

Universal:

- feedback
- from family to peers ... it’s only a matter of time!
- recording brain ... what will you imprint for future reference?

Yourself:

- slow down and prevent
- make a deposit ... if you don’t put anything in ... you won’t get anything out
- stress kills your neurons AND your telomeres!