

Thank you for joining me for my talk on ADHD and Executive Function
I am grateful for having had the opportunity to work with you all.

Below are some information and resources that you and your staff might find valuable.

- [Executive Function chart](#): Children and adolescents need to learn about Executive Function skills and how they impact their learning and performance. This poster depicts each skill with a brief descriptor. Help students succeed in becoming the CEOs of their brains. You can purchase the Executive Function Chart at my cost: <https://ptscoaching.com/product/executive-function-chart/>
- [TimeTimer](#): Many people find it challenging to notice the passage of time. The TimeTimer is a great visual tool for helping others be aware of time,
- [Don't Ban the Spinners – Teach Kids about Fidgeting and the Brain!](#) Learn the value of movement in helping kids pay attention.
- [How Fast is Smart?](#) Discusses the importance of sometimes adjusting our style and expectations to match the needs of children who may need that extra moment.
- [Phonics or Balanced Literacy: How Does Your School Teach Reading?](#): This blog shares the important podcast, Sold a Story, that addresses how scientists have known for decades how children learn to read, but many schools are ignoring the research. They buy teacher training and books that are rooted in a disproven idea. Emily Hanford investigates four authors and a publishing company that have made millions selling this idea.
- Here is a presentation on teaching parents about helping their children have a Growth Mindset as they learn: [Skills for Success: What Every Parent and Educator Needs to Know About Executive Function and Mindset](#)
- Here is a presentation on helping students get started on their work: [Ready, Set, Work: Help Students Fight Procrastination and Get to Work](#)

Here is information about Cindy's books.

- [8 Keys to Parenting Children with ADHD](#): This book contains optimism, tips, tools, and action plans. It offers science-based insights and systems for parents. The book focuses on developing and strengthening practical interpersonal skills in parents and children to improve conflict resolution and help kids thrive. You may purchase this book in bulk from the publisher: [8 Keys to Parenting Children with ADHD](#) Orders@WWNorton.com 800.233.4830 ext. 245
- [ADHD, Executive Function, & Behavioral Challenges in the Classroom: Managing the Impact on Learning, Motivation, and Stress](#) This book was written with teachers in mind, though the information we share provides practical support to anyone working with a child struggling in the classroom. If you are interested in purchasing multiple copies, you may order them directly from the publisher at a discount: Karsyn Morse kmorse@pesi.com 715.404.0951

Direct support for parents:

- [***Calm and Connected: Parenting the Child You Have©***](#) This seven-session workshop series offers strategies and support for helping kids become more self-reliant, calm, and productive. It is available as a live interactive webinar and an On-Demand eCourse. [***Click here for information and registration.***](#)
- [***Managing Homework, Parent Edition: Tips, Tools, and Strategies for Helping Kids©***](#). This single-session workshop is designed to help parents support their children through the homework process. It is available as a live interactive webinar and an On-Demand eCourse. [***Click here for information and registration.***](#)

Opportunities for professionals:

- [***ADHD Parent Coach Academy***](#) This training will prepare you to educate and support parents who have children with ADHD, executive function challenges, and behavioral challenges.
- [***ADHD Teacher Trainer Academy***](#) This training will prepare you to teach teachers and other professionals how to support students in the classroom and other settings.

Also, follow us on [Facebook](#) for current news and information.

Please let us know if we can support you further.

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